



bodilogix
FITNESS

The Smoothie Bar Menu

Let us prepare you a protein treat you are sure to enjoy!



905.372.8400 • www.bodilogix.ca • 726 Ontario Street, Unit 8-9, Cobourg

The Mean Vanilla Bean

One or two scoops of our tastiest vanilla whey protein blended with your choice of spring water, soymilk, or 1% milk.

If you feel like “monkeying” around, add a banana, it’s your call...

\$3.50 Add a banana \$4.00 Add \$1.00 for an extra scoop of protein.

Chocolate Monkey

One or two scoops of a delicious chocolate whey protein blended with your choice of milk or silky smooth soymilk then we “go banana’s”!
Monkey it up!!!

\$4.00 Add \$1.00 for an extra scoop of protein.

Wild Berry Blast

Strawberries, blueberries, blackberries oh my!
We blend a bevy of wild field berries and a scoop of vanilla whey with your very own combination of milk, or soymilk and splash of fruit juice.
Too good!!!

\$5.00 Add \$1.00 for an extra scoop of protein.

Strawberry Bananarama

The glorious strawberry meets the smooth creamy banana in this old favourite.
Vanilla protein with your choice of skim milk, soymilk or fruit juice give this smoothie the taste of summer.

\$4.50 Add \$1.00 for an extra scoop of protein.



Mango Madness

Truly the taste of sunshine, mango fruit and vanilla whey blended with your choice of skim milk or soymilk with a hint of pineapple juice.

\$5.00 Add \$1.00 for an extra scoop of protein

Banana Joe

Sure to be a real eye opener!
Delicious blend of vanilla protein powder, your choice of skim milk or soymilk blended with a banana, dash of cinnamon and a “shot of java”.
“My personal Favourite...”

\$4.50 Add \$1.00 for an extra scoop of protein.

Mocha Banana Joe

All the goodness of our Banana Joe but we take it up a notch. In this cup of Joe we blend all of the delicious ingredients of our Banana Joe but with a tasty and satisfying mocha chocolate fudge whey protein in place of vanilla.
Yum! Yum!

\$4.50 Add \$1.00 for an extra scoop of protein.

Caribbean Treasure

Mango, pineapple, and peaches make this smoothie an extra special treat.
Exotic fruits from the land of sun and a scoop of vanilla whey blended with your choice of skim milk or silky smooth soymilk and a splash of pineapple juice.
“Yes Mon!”

\$5.00 Add \$1.00 for an extra scoop of protein.



JOIN THE EVOLUTION